

**Curriculum Vitae**  
**Anne Veldmaat-Miers**  
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**Work Experience**

- 2010 – present Post-doctoral Researcher, Unit Developmental and Educational Psychology  
Leiden University, Leiden  
Project title: 'Interpersonal (peer evaluation) and intrapersonal (negative perceptions) influences as predictors of social fear in adolescents'  
(parental leave 31-5-2010 to 31-12-2010)
- 2004 – 2010 PhD student, Unit Developmental and Educational Psychology, Leiden University
- 2004 – 2009 University teacher, Unit Developmental and Educational Psychology, Leiden University
- Supervision*
- Pre-University College students, Bachelor Project and thesis, Masters thesis students
- Workgroup and seminar leader*
- 1<sup>st</sup> year course 'Introduction to Developmental and Educational Psychology'
  - Research Master course 'Social Anxiety and Normal Development'
- Lectures*
- Twice guest lecturer in Social-Emotional Development 2<sup>nd</sup> and 3<sup>rd</sup> year course
  - Pre-University College block II
- 2001 - 2003 Quantitative Social Researcher, National Centre for Social Research, London
- 2000 - 2001 Flexicarer, Westminster Association for Mental Health, London

**Education**

- 2004 - 2009 Leiden University, Leiden  
PhD student. Title of PhD: 'Bias or Reality? Negative perceptions of ambiguous social cues, social performance and physical arousal in socially anxious youth' Supervisor: Prof. dr. P. M. Westenberg, co-supervisor: Dr. A. W. Blöte (Leiden University)
- 2003 – 2004 Institute of Education, University of London  
MSc Child Development, Distinction
- 1998 – 2001 University College London, University of London  
BSc Hons Psychology, 1<sup>st</sup> class degree

**Awards**

- 2010 PhD prize for best article in academic year 2009-2010, Leiden University
- 2004 Prakesh De Silva 1st Prize awarded for MSc, University of London
- 2001 Exceptional academic achievement in year 1999-2000, University College London

**Courses**

- 2010 Longitudinal Data Analysis Workshop, University of Groningen
- 2008 Multivariate Analyses, Utrecht University
- 2007 Orientation in policymaking, Amstel Academie, Amsterdam
- 2005 Supervising Master theses, Leiden University

**Grants**

"Interpersonal (peer evaluation) and intrapersonal (negative perceptions) influences at school as predictors of social fear in adolescents". (2010; € 75,000) Awarded by NWO, FES-Leren Programma 4: De lerende

adolescent: Kiezen, beslissen en sociale cognitie to Prof. dr. P. M. Westenberg and A. C. Miers, MSc.

### **Peer Reviewed Publications**

Blöte, A. W., Bokhorst, C. L., Miers, A. C., & Westenberg, P. M. (in press). Why are socially anxious adolescents rejected by peers? The role of subject-group similarity characteristics. *Journal of Research on Adolescence*.

Miers, A. C., Blöte, A. W., Sumter, S. R., Kallen, V. L., & Westenberg, P. M. (in press). Subjective and objective arousal correspondence and the role of self-monitoring processes in high and low socially anxious youth. *Journal of Experimental Psychopathology*.

Novin, S., Rieffe, C., Banerjee, R., Miers, A. C., & Cheung, J. (in press). Anger response styles in Chinese and Dutch children: a sociocultural perspective on anger Regulation. *British Journal of Developmental Psychology*.

Miers, A. C., Blöte, A. W., & Westenberg, P. M. (2011). Negative Social Cognitions in Socially Anxious Youth: Distorted Reality or a Kernel of Truth? *Journal of Child and Family Studies*, 20, 214–223.

Miers, A. C., Blöte, A. W., & Westenberg, P. M. (2010). Peer perceptions of social skills in socially anxious and nonanxious adolescents. *Journal of Abnormal Child Psychology*, 38, 33-41.

Sumter, S. R., Bokhorst, C. L. Miers, A. C., Van Pelt, J., & Westenberg, P. M. (2010). Age and Puberty differences in stress responses during a public speaking task: Do adolescents grow more sensitive to social evaluation? *Psychoneuroendocrinology*, 35, 1510-1516.

Miers, A. C., Blöte, A. W., Bokhorst, C. L., & Westenberg, P. M. (2009). Negative Self-evaluations and the Relation to Performance Level in Socially Anxious Children and Adolescents. *Behaviour Research and Therapy*, 47, 1043-1049.

Westenberg, P. M., Bokhorst, C. L., Miers, A. C., Sumter, S. R., Kallen, V. L., van Pelt, J., & Blöte, A. W. (2009). A prepared speech in front of a pre-recorded audience: Subjective, physiological and neuroendocrine responses to the Leiden Public Speaking Task. *Biological Psychology*, 82, 116-124.

Blöte, A. W., Kint, M. J. W., Miers, A. C., & Westenberg, P. M. (2009). The relation between public speaking anxiety and social anxiety: A review. *Journal of Anxiety Disorders*, 23, 305-313.

Miers, A. C., Blöte, A. W., Bögels, S. M., & Westenberg, P. M. (2008). Interpretation bias and social anxiety in adolescents. *Journal of Anxiety Disorders*, 22, 1462-1471.

Rieffe, C., Oosterveld, P., Miers, A. C., Meerum Terwogt, M., & Ly, V. (2008). Emotion awareness and internalising symptoms in children and adolescents: the Emotion Awareness Questionnaire revised. *Personality and Individual Differences*, 45, 756-761.

Miers, A. C., Rieffe, C., Meerum Terwogt, M., Linden, W., & Cowan, R. (2007). The relation between anger coping strategies, anger mood and somatic complaints in children and adolescents. *Journal of Abnormal Child Psychology*, 35, 653-664.

Rieffe, C., Meerum Terwogt, M., Petrides, K.V., Cowan, C., Miers, A.C., Tolland, A. (2007). Psychometric properties of the Emotion Awareness Questionnaire for children. *Personality and Individual Differences*, 43, 95-105.

Meerum Terwogt, M., Rieffe, C., Miers, A.C., Jellesma, F.C., & Tolland, A. (2006). Emotions and self-esteem as indicators of somatic complaints in children. *Infant and Child Development*, 15, 581-592.

### **Paper Presentations**

Miers, A. C., Blöte, A. W., & Westenberg, P. M. (2011, April). *Physical arousal and Self-monitoring Processes in Socially Anxious Youth*. Paper presented at the Society for Research in Child Development,

2011 Biennial Meeting, Montréal, Quebec, Canada.

Miers, A. C., Blöte, A. W., & Westenberg, P. M. (2008, July). *The Role of Performance Skill in Socially Anxious Children and Adolescents' self-evaluations*. Paper presented at the 3<sup>rd</sup> International Conference on Child and Adolescent Psychopathology, London, UK.

Sumter, S. R., Miers, A. C., Bokhorst, C. L., Blöte, A. W., Kallen, V. L., & Westenberg, P. M. (2007, May). *Adolescent Maturation and an Increase of Social-Evaluative Concerns: Why do so many fear public speaking tasks?* Paper presented at the 37<sup>th</sup> Annual Meeting of the Jean Piaget Society, Amsterdam, The Netherlands.

Westenberg, P. M., Miers, A. C., Sumter, S. R., Blöte, A. W., Bokhorst, C. L., & Kallen, V. L. (2007, May). *Can we discern a global developmental pathway for social evaluative anxiety?* Paper presented at the Risks and Opportunities in Adolescent Brain Development meeting, Leiden, The Netherlands.

Miers, A. C., Blöte, A. W., & Westenberg, P. M. (2006, November). *A new questionnaire for measuring interpretation biases among adolescents*. Paper presented at the Institute for the Study of Education and Human Development (ISED) research day, Leiden, The Netherlands.

Miers, A. C., Blöte, A. W., & Westenberg, P. M. (2006, September). *A new questionnaire for measuring interpretation biases among adolescents*. Paper presented at the 36<sup>th</sup> Annual Congress of the European Association for Behavioural and Cognitive Therapies, Paris, France.

#### **Conference Posters**

Sumter, S. R., Bokhorst, C. L., Miers, A. C., & Westenberg, P. M. (2010, May). *Resistance to peer influence: a longitudinal study of adolescent psychosocial development*. Poster presented at the 12th Biennial Conference of the European Association for Research on Adolescence (EARA), Vilnius, Lithuania.

Miers, A. C., Blöte, A. W., & Westenberg, P. M. (2008, July). *Negative Performance Evaluations in Socially Anxious Children and Adolescents*. Poster presented at the 26<sup>th</sup> Annual Conference of the International Society for Research on Stress and Anxiety (STAR), London, UK.

Miers, A. C., Blöte, A. W., Sumter, S. R., Bögels, S. M., & Westenberg, P. M. (2008, July). *Interpretation Bias and Social Anxiety in Adolescents*. Poster presented at the 20th Biennial ISSBD Meeting, Würzburg, Germany.

Miers, A. C., Blöte, A. W., Sumter, S. R., Bögels, S. M., & Westenberg, P. M. (2008, March). *Interpretation Bias and Social Anxiety in Adolescents*. Poster presented at the 12<sup>th</sup> Biennial Meeting of the Society for Research on Adolescence, Chicago, U. S. A.

Sumter, S. R., Bokhorst, C. L., Miers, A. C., Kallen, V. L., & Westenberg, P. M. (2008, March). *Social fears during adolescence: Is it an increase in distress and avoidance?* Poster presented at the 12<sup>th</sup> Biennial Meeting of the Society for Research on Adolescence, Chicago, U. S. A.

Bokhorst, C.L., Blöte, A.W., Sumter, S.R., Miers, A.C., & Westenberg, P.M. (2008, March). *The Development of Public Speaking Anxiety and Its Relation With Social Anxiety*. Poster presented at the Biennial meeting of the Society for Research on Adolescence, Chicago, March, 6-9.

Sumter, S.R., Bokhorst, C.L., Miers, A.C., Blöte, A. W., Kallen, V. L., & Westenberg, P.M. (2007, June). *Recursive perspective taking during adolescence: does it affect feelings of social anxiety?* Poster presented at the 37th Annual meeting of the Jean Piaget Society, Amsterdam, The Netherlands.

Miers, A. C., Rieffe, C., Blöte, A. W., Jellesma, F. C., & Westenberg, P. M. (2005, July). *Social Anxiety: What about emotional competence?* Poster presented at the International Society for Research on Emotions, Bari, Italy.

Rieffe, C. & Meerum Terwogt, M., Tolland, A, Miers, A, Penty, J, & Chen, S. (2004, July). *Anger and health in children*. Poster presented at the IX Conference of the International Society for Research on Emotions,

New York, USA.

Miers, A., Rieffe, C., Meerum Terwogt, M. & Cowan, R. (2004, May). *Can anger coping styles explain somatization in children and adolescents?* Poster presented at first European CERE (Consortium of European Researchers on Emotion) conference on emotions, Amsterdam, The Netherlands.

**Ad hoc Reviewer**

Journal of Abnormal Child Psychology, Behaviour Research and Therapy, Infant and Child Development, Journal of Experimental Psychopathology, European Child and Adolescent Psychiatry