Child and Adolescent Psychology: Goal and Program

Harrie Boelens, Dide van den Berg & Syiva Fitria – 4 November 2016
Goal

To facilitate children’s and adolescents’ optimal development

Contribute to and renew practice
Some places of work

- Children's hospital
- Mental health services (RIAGG, Kinder- en jeugd)
- Youth prison
- Schools for children with handicaps
- Secondary schools
- School counseling (schoolbegeleidingsdienst)
- Test development (CITO)
- Own practice: Tests, advice, training
- Special day care
- ........
Program: The elements

Coursework: Mandatory (20)
Master's thesis (20)
Internship (10, 20)
Coursework: Elective (0, 5, 10, ...)

Discover the world at Leiden University
Coursework: Mandatory

**Diagnose**
Advanced psychodiagnostic in C&A

**Diagnose & Treat**
Behaviour training with children
Cognitive behaviour therapy with young people
Solution focused therapy
Coursework: 
Elective

Recommended

Advanced child and adolescent psychiatry

Child neuropsychology: Theory and assessment

Transdiagnostic approach of eating disorders
Discover the world at Leiden University

Time consuming

Different from bachelor

Professional

English

Multitasking

Practical

Competitive
## Timings

<table>
<thead>
<tr>
<th>Coursework: Mandatory</th>
<th>Semester</th>
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<tbody>
<tr>
<td>Advanced psychodiagnostics in C&amp;A</td>
<td>1</td>
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<tr>
<td>Behaviour training with children</td>
<td>1</td>
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<tr>
<td>CBT with young people</td>
<td>2</td>
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<tr>
<td>Solution focused therapy</td>
<td>2</td>
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<tr>
<td>Coursework: Elective</td>
<td>Semester</td>
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<td>---------------------------------------------------------------</td>
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<tr>
<td>Advanced child and adolescent psychiatry</td>
<td>2</td>
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<tr>
<td>Child neuropsychology: Theory and assessment</td>
<td>1</td>
</tr>
<tr>
<td>Transdiagnostic approach of eating disorders</td>
<td>1, 2</td>
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</tbody>
</table>
One way to do this in one year

17/18 Semester 1
Advanced psychodiagnostics in C&A
Behaviour training with children
Master thesis

17/18 Semester 2
CBT with young people
Solution focused therapy
Internship
Another way to do this in one year

17/18 Semester 1
Advanced psychodiagnostics in C&A
Behaviour training with children
Master thesis, Part 1
Elective 1
Internal Practical Internship, Part 1

17/18 Semester 2
CBT with young people
Solution focused therapy
Master thesis, Part 2
Elective 2
Internal Practical Internship, Part 2
One way to do this in 1.5 to 2 years

17/18 Semester 1
Advanced psychodiagnostics in C&A
Behaviour training with children
Electives

17/18 Semester 2
CBT with young people
Solution focused therapy
Electives

18/19: Master thesis, internship