

Curriculum Vitae

Philip Spinhoven (1954) completed his Bachelors in Philosophy in 1975 and his Masters in Clinical Psychology (cum laude) in 1981. In 1989 he received his PhD on the basis of his thesis entitled “Hypnosis and pain control”. From 1981 to 1997 he was assistant and later associate professor at the Department of Psychiatry of Leiden University Medical Center.

From 1997 onwards he has been appointed as professor of clinical psychology at the Department of Psychology of Leiden University and the Department of Psychiatry of Leiden University Medical Center. He is registered as health care psychologist, psychotherapist and clinical psychologist by the Dutch Ministry of Health. Since 2003 he is chairman of the national research school Experimental Psychopathology.

Research interests

His research focuses on how distant, recent and current stressors interact with cognitive processes (e.g., attention, memory, thought, reasoning), behavioural processes (e.g., approach and avoidance), and biological processes (e.g., HPA-axis). His focus is on anxiety disorders, mood disorders and somatoform disorders. His aim is to understand the complex interplay among cognitive, behavioural and biological processes across these three stress-related disorders. His research draws on multiple methodologies (e.g., laboratory cognitive tasks, clinical trials, survey methodology), as well as cognitive and information processing theories.

Website: www.pspinhoven.nl