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Affiliations:

- Associate Professor in Health Promotion, Faculty of Social Sciences, Leiden University (2006-now)
- Assistant Professor in Health Promotion, Faculty of Social Sciences, Leiden University (1997-2006)
- Ph.D. (AIO), Faculty of Social Sciences, Leiden University (1992-1996)
- Research Coordinator, Ministry of Social Affairs and Employment, The Hague (1991-1992)
- Research Assistant, Faculty of Social Sciences, Utrecht University (1991)
- Research Fellow, Harvard University, Boston, MA (1990)
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Education:

- Ph.D. (cum laude) Leiden University (1992-1996);
- Research Fellowship, Harvard University, Boston, MA (1990);
- M.Sc. in Psychology (Major: Clinical – and Health Psychology; Minor: Social – and Organizational Psychology), Utrecht University, Utrecht (1984-1989)

Member of:

- European Health Psychology Society Executive Committee
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- European Health Psychology Society.
- International Society for Behavioral Medicine.